



“Delivery or Pick-up”

Wednesday March 18, 2020

Place Order Tuesday to Friday 770-838-0009

All orders must be placed 24 hours prior to pick-up or delivery

Shrimp Salad.....\$12

Springer Mountain Chicken Salad.....\$11

Shrimp or Chicken on artisan lettuce, feta cheese, alfalfa, cherry tomato and onion with Romano cheese vinaigrette. Gluten Free. (lasts 3 days refrigerated)

House Salad Salad.....\$11

*Artisan lettuce, carrot, cucumber, cherry tomato, onion.
Raspberry Vinaigrette or ranch. Gluten Free. (lasts 3 days refrigerated)*

Family Size Springer Mountain Chicken Meal.....\$25

1 Teriyaki Oven Roasted Springer Mountain Chicken 3.25.lb (microwave 3.5mins)

OR

2.25 Pounds of Teriyaki Springer Mountain Chicken Breast

WITH

1.5.lb Stir-fry Green Beans (microwave 2mins)

2.lb Jasmine Rice (microwave 2.5mins)

(individual cryovac) All Gluten Free

Teriyaki Bowl

Chicken or Beef.....\$12

Beef or Spring Mountain Chicken Breast stir-fry with broccoli and cabbage in garlic savory gluten free stir-fry sauce, Individual packed in microwave safe recycle containers. (2mins)

Available lo-mein noodle (Not gluten free) Please specified

BBQ Pork.....\$15/pound

Southern Style or Sweet Baby Ray Mustard Base

Available Thursday after 3pm

Pan Seared Sea Bass.....\$15

Grilled Salmon.....\$13

with ginger sesame soy, zucchini and jasmine rice.

Cole Slaw.....\$5/pint

Jasmine Rice.....\$4/pint

Cuban Bread.....\$2 each

6 Rolls & Herbs Oil.....\$4.50

All food is prepared and cold to safe temperature and must refrigerate or heat in microwave to your desire temperature. It is safe to consume cold.